

# Garden Club Sunday, Aug. 11 at Union Chapel

BY JOANN KIRKLAND

This Sunday, Aug. 11, marks the 83rd annual memorial service for the Garden Club of Shelter Island a tradition begun in 1936.

Father Charles McCarron of St. Mary's Episcopal Church will preach. His topic is "The Divine Gardener."

Barbara Hayes will chair the service, which honors the work of the Garden Club and remembers members who passed away during the previous year. Garden Club officers, family and friends of the deceased will present a rose and remembrances for Glorian Dorsey, Martha Williams and Judith Winship. Garden Club co-president Suzanne Louer will read the Scripture lessons. The altar flowers will be arranged by Carolyn Stromberg, and co-president Joan Buonocore will design the reception table flowers.

Father McCarron was born and raised as a Roman Catholic in the Fordham section of the Bronx, the only child of Scottish parents. After

a stint as a New York City corrections officer, he was ordained as a Capuchin Franciscan Friar in 1986. His degrees include a bachelor of arts degree from Fordham University, a master's of divinity from Maryknoll School of Theology, and a master's from the Franciscan Institute at St. Bonaventure. He graduated from the CUNY School of Law, holds several certificates, including one in transitional and interim ministry and is currently participating in The Living School of the Center for Action and Contemplation in Albuquerque, N.M.

After working to help people with AIDS on Long Island and chairing a national AIDS conference, Father McCarron became parish outreach developer for HIV and AIDS at Catholic Charities Health Services. He has created parish-based immigration services and is involved with local migrant ministry.

He was received into the Episcopal Church as a priest in 2002 after receiving a master's in sacred theol-

ogy from the General Seminary of the Episcopal Church and has been a diocesan Canon, serving as executive director of Episcopal Community Services Long Island for the past 10 years. During that time he also served as vicar of the churches of St. Lawrence of Canterbury in Dix Hills and Resurrection in Richmond Hill. After writing the proposal for its creation, he was appointed a diocesan missionary for the Great Neck Episcopal Ministries, uniting three congregations, two English-speaking and one Korean.

As a member of the Third Order of the Society of St. Francis, he taught the friars at Little Portion Friary and conducted retreats in Franciscan Spirituality, methods of prayer and vestry retreats.

Father McCarron loves walking, bike riding, visiting museums, and spending time with friends and his two Yorkies, Bogart and Kate, as well as practicing his newly acquired skill of icon writing. He has hosted foreign exchange students, Shelter Island



JOANN KIRKLAND PHOTO

Father Charles McCarron of St. Mary's Episcopal Church will preach at Garden Club Sunday.

Bucks and hopes to become a foster parent.

Music will be performed by chapel organist Linda Betjeman and alto soloist Christina Herman. Ms. Herman lives in Washington, D.C. and has

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## WHAT'S HAPPENING

### THIS WEEK

#### MANOR TOUR

Sylvester Manor offers self-guided tours of the Manor House and "All that has Been: Our Roots Revealed" exhibition on Friday, Aug. 9, from 11 a.m. to 3 p.m. for \$10. [sylvestermanor.org](http://sylvestermanor.org).

#### CAR WASH

The classes of 2024 and 2025 will be holding a yard sale, bake sale and car wash at Shelter Island School on Saturday, Aug. 10, from 8 a.m. to 1 p.m. The benefit raises money for their class trip to Florida to participate in Disney's Youth Education Series programs.

#### CLAMBAKE

The annual Taylor's Island Kettle Clambake will take place on Saturday, Aug. 10, from 2 to 5 p.m. on Taylor's Island. Shuttle boats will be available at Congdon's Dock at 2 p.m. or guests can arrive by kayak. Phone Shelter Island Kayak Tours at 631-749-1990. The bake begins at 3:30 p.m. and features lobster, clams, chicken, sweet potatoes, corn on the cob, watermelon and fresh homemade lemonade. Only 100 tickets are available for \$100 (\$50 tax deductible). Raffle tickets are \$10. Tickets and details: 631-749-1603, [taylorsisland.org](http://taylorsisland.org).

#### MEDITATION & MUSIC

Maria Maier brings meditation to Mashomack Preserve's forest on Monday, Aug. 12, at 9 a.m. with crystal singing bowls, which sound musical notes when played and are deeply relaxing. They support the body's natural healing ability. Add to that the sounds of nature and inner visions arise, cellular healing unfolds, and deep meditation opens its mysteries. \$10 fee. Rain location: American Legion Hall. Ages 18 and up. 631-749-1001.

### NEXT WEEK

#### TENNIS TOURNNEY

The Shelter Island Library tennis tournament fundraiser returns on Saturday, Aug. 17, at 8 a.m. at the Shelter Island School Courts. Mousa Drame Tennis Academy sponsors the round robin event which features men's, women's and co-ed teams. Entry is \$250. Visit [shelterislandpubliclibrary.com](http://shelterislandpubliclibrary.com) for more information.

#### INTERCAMBIO

The library hosts Intercambio with Teri Piccozzi on Saturday, Aug. 17, at 10 a.m. Featuring English and Spanish speakers in conversation and light refreshments.

#### CARNIVAL

Hay Beach presents its annual Hay Beach Carnival and Block Party on Saturday Aug. 17, from noon to 3 p.m. in front of 10 Hay Beach Road. Food and non-alcoholic drinks will be provided to all Hay Beach residents and guests. The rain date is Aug. 24. RSVP accepts only to 631-749-1972.

#### CHICKEN BBQ

The Shelter Island Fire Department's annual Chicken BBQ takes place on Saturday, Aug. 17, from 4 to 8 p.m. at Fireman's Field.

#### ARTSI

Celebrate the 10th anniversary of ARTSI's studio tours on Saturday, Aug. 17, and Sunday, Aug. 18, from noon to 5 p.m. It features the works of 16 Shelter Island artists working in various mediums including painting, sculpture, computer and fabric art and is open to the public free of charge.

#### DUCK RACE

The Shelter Island Chamber of Commerce presents its annual duck race on Aug. 18 at Volunteer Park Bridge Street.

### COMING UP

#### ANIMAL ADOPTION

ARF presents Tailgating, a cat and dog adoption event at the police station on Saturday, Aug. 24, from 11 a.m. to 3 p.m. If you have a dog at home and are serious about adopting another, please bring them with you for a mandatory meet and greet. Free admission, adoption fees apply. For more information contact [adoptions@arfhamptons.org](mailto:adoptions@arfhamptons.org).

#### GREEN EXPO

The annual Green Expo will take place on the grounds of the American Legion Hall on Aug. 24 from 11 a.m. to 3 p.m.

#### COCKTAIL PARTY

Sylvester Manor is hosting its third annual Cocktail Party at the Windmill fundraiser on Saturday, Aug. 24, at 6 p.m. at the farm. Tickets are \$125 and can be purchased at [sylvestermanor.org](http://sylvestermanor.org).

#### CONCERT AT THE MANOR

Sylvester Manor presents Los Hacheros performing at its Creekside Concert on Sunday, Aug. 25. Gates open at 4 p.m. and the concert is at 5 p.m. Tickets are \$35 in advance, \$40 at the door and kids under 10 are free. [sylvestermanor.org](http://sylvestermanor.org).

#### SNAPPER DERBY

The Shelter Island Lions Club presents its annual Snapper Derby on Saturday, Aug. 31, with all-day fishing around the

Island and a weigh-in, fish fry and awards ceremony at 5 p.m. at Legion Hall.

#### CONCERT

The Shelter Island Friends of Music presents The Lysander Trio, a violin, piano and cello ensemble for its fourth concert in its 2019 Concert Series on Sunday, Sept. 1, at 8 p.m. at the Shelter Island Presbyterian Church. The Trio will be presenting their "Light and Matter" program, performing music by Scriabin, Haydn, Fauré and Schubert. A meet-the-artist reception will follow featuring wine and cheese. Donations are appreciated.

#### COCKTAILS & A CRUISE

Sylvester Manor presents its Harvest Moon Cocktail Party and Ferry Cruise on Saturday, Sept. 14, at 6 p.m. aboard South Ferry; watch the moon rise. Tickets are \$75 and available at [sylvestermanor.org](http://sylvestermanor.org).

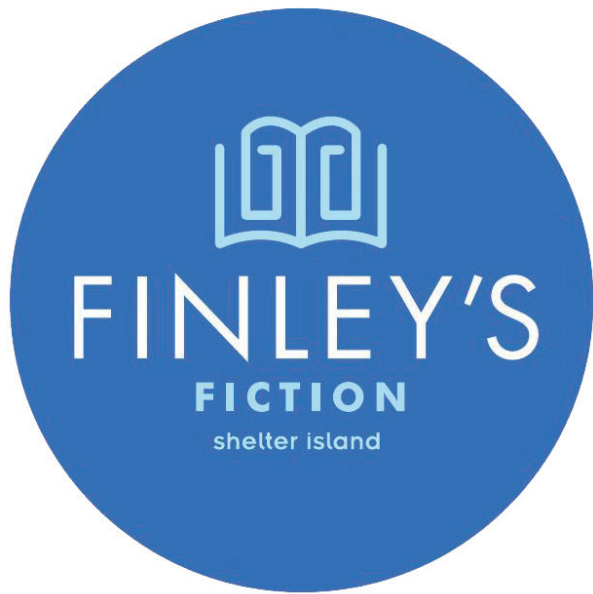
#### BEACH CLEANUP

Help make a difference at Mashomack Preserve on Saturday, September 21, 11 a.m. Join in the annual international coastal cleanup effort that clears and categorizes the various marine debris. All ages welcome. Community service hours available. 631-749-1001.

## ACROSS THE MOAT

#### SCHOOL FUNDRAISER

Peconic Community School in Aquebogue is hosting SHARE: The Wisdom of our Elders, its annual summer fundraiser at Hallockville Museum Farm in Riverhead on Sunday, Aug. 11, from 5 to 9 p.m. It features an auction, live music, food trucks, beer and wine. All proceeds go toward financial aid for students with need. Tickets: [peconiccommunityschool.org/events](http://peconiccommunityschool.org/events).



**OPEN DAILY**  
9 am-6 pm

**Saturday, August 10th 10 am**  
Book signing Nina Ross  
"Montauk has Very Hungry Shark"

**Sunday, August 11th 11:00 am - 1:00 pm**  
Book signing Karen Dukess "The Last Book Party"

9 Washington Street  
(in the Chequit Hotel cottage building)  
t: 203.450.2991 e: finleysfiction@gmail.com



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# ADULTSONLY

NEWS & INFORMATION FOR ISLAND SENIORS

## Closer to the new bus

**M**ore than 75 people showed up to support the Senior Citizen Center's fundraiser at the Osprey Lounge last Friday. The Center is raising money for a new bus to replace the existing one, which breaks down frequently, according to director Laurie Fanelli.

The event was attended by some seniors and not-so-senior citizens who also enjoyed the hors d'oeuvres provided by the hotel and the music performed by Isabel Alvarez and Sarah Mundy, who is the Senior Center's assistant to the director. Sarah and Isabel call themselves the Island Bells and play at numerous venues.

Tom Spotteck, who is the head winemaker at Lenz Vineyard, had a variety of whites, blushes and reds for the guests to sample. The Senior Citizens Foundation contributed to the cost of the wines. There were several baskets available at the chinese auction, in addition to a huge plant arrangement. The final count is not in but Laurie Fanelli told me that she felt that the event was a big success. "We're getting closer and closer to the new bus," she said. I understand that the new vehicle will cost somewhere around \$75-80,000 and I know that the foundation will also contribute towards it.

On another subject, I recently received some information about how technology can help our aging population. We're all getting older and make up a significant part of the population in need of regular medical care. According to Mary Gorder in "Today's Geriatric Medicine," by the year 2030 one in five residents of the United States will be of retirement age.

In her recent article, "Poised for a Breakthrough," she says, "Technology is widening the door to a better future and with the innovations, the healthcare system is set to greatly transform the way we care for today's aging population."

There are many virtual assistants that allow older adults to remain independent for a longer period of time. Systems like Apple's Siri and Amazon's Echo are starting the trend, according to Gorder. She

notes that "on the horizon are voice recognition platforms" that will humanize contacts. Remote patient monitoring will be available for those with mobility issues.

"This type of technology can remotely supervise and diagnose elderly patients' health from a distance," she says. Telehealth is remote medical care using communication devices like laptops, phones and tablets. These allow the elderly to receive faster health care, which "ultimately improves patient outcomes." She then goes on to explain how carefully controlled virtual reality systems can help treat brain disorders like Alzheimer's.

Finally, the author sees "predictive analytics" as having the ability to prevent health crises in seniors. "Ending the constant cycle of hospital admissions and readmissions limits patients' long-term exposure to germs and illnesses," she explained.

Because we're all concerned with adequate healthcare here on this Island and we know that it is in a state of flux, becoming more informed about this medical technology seems very important. Our population here is much more top heavy with senior citizens than the rest of the country.

### RICHARD'S ALMANAC



RICHARD LOMUSCIO

## Dinner Bell

The Dinner Bell is served Monday and Friday at 12:30 p.m. at the Presbyterian Church. Call 631-749-0291 for reservations.

**Friday, Aug. 9**

Spiral ham  
Greek pasta salad  
Cauliflower, romaine salad  
Ice cream

**Monday, Aug. 12**

Pork roast  
Egg noodles  
Brussels sprouts, corn salad  
Melon salad

Funding provided by the Administration for Community Living through New York State Office for the Aging and Suffolk County Office for the Aging.

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summered on Shelter Island since meeting her husband, Christopher Herman, in the early 1990s. She sings with the Chancel Choir of St. Mark's Episcopal Church on Capitol Hill and is a member of the St. Mark's Chamber Ensemble, and studies voice with Diane Atherton, a graduate of the

Guildhall School. She currently coordinates the Climate Change Program of ICCR (Interfaith Center on Corporate Responsibility), a coalition of over 300 faith- and values-based global institutional investors that engage corporations on a broad range of sustainability and human rights concerns.

A reception in the Grove will follow the service.